

JULY 2024

MASRC NEWSLETTER

CENTRAL STORM WMBA
TEAMS PARTICIPATE IN SEA
BEARS BASKETBALL CAMP

2024 NAIG LEGACY
SCHOLARSHIP RECIPIENTS
ANNOUNCED





July 2024 Event Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 MASRC Offices Closed BON Ball Hockey Training	2	3 Coach's Corner Jigging for Fitness	4	5	6
7	8 BON Ball Hockey Training	9 Summer Softball Development Camp	10 Ebb & Flow Softball Clinic Jigging for Fitness	11 Ebb & Flow Softball Clinic	12	13
14	15 BON Ball Hockey Training	16 Aboriginal Coaching Modules Summer Softball Development Camp	17 Jigging for Fitness	18	19	20
21	22	23 Summer Softball Development Camp	24 Jigging for Fitness	25	26	27
28	29	30 Summer Softball Development Camp	31 Athlete & Community Champion Nominations Close Jigging for Fitness	Blue = Outside of Winnipeg Green = Inside of Winnipeg Yellow = Team Manitoba Pink = Province Wide Red = Cancelled Grey = MASRC Offices Closed		
<p style="text-align: center;">Athlete & Community Champion of the Month nominations close on the last day of every month.</p> <p style="text-align: center;">MASRC Urban Bike Program applications are open all summer! Visit www.masrc.com/events.php for more information</p>						

Join us for Jigging for Fitness!

Everyone is welcome to join the Louis Riel Institute's Cultural Programming Department to jig your way to better health! Discover the health benefits of jigging:

- Elevates heart and lung health.
- Boosts muscular strength, endurance, and motor fitness.
- Enhances aerobic fitness levels.
- Improves muscle tone and strength.
- Strengthens bones, reducing osteoporosis risk.
- Enhances coordination, agility, and flexibility.
- Most importantly, enjoy an uplifted mood and enhanced socialization from connecting with the land.

Jigging will be taking place every Wednesday in July and August at the Riel House National Historic Site in Winnipeg. Special thanks to the Louis Riel Institute and the Manitoba Métis Federation for partnering with us. For more information or to register, contact Iriculture@Irllearn.ca.





2022 NAIG Legacy Scholarship Recipients Announced

The Manitoba Aboriginal Sports & Recreation Council (MASRC) is thrilled to unveil the recipients of this year's highly anticipated 2022 NAIG Legacy Scholarships for Athletes and Coaches! These prestigious scholarships, generously supported by the 2022 North American Indigenous Games Legacy, recognize both outstanding Indigenous athletes in Manitoba that have recently graduated high school and are attending post-secondary next Fall, and coaches that are in any year of post-secondary studies.

Each recipient has demonstrated exceptional leadership in amateur sports within Manitoba, displaying excellence both in their sport and in academic pursuits, alongside active involvement in school and community activities.

First & Last Name		Community	Sport
Griffin	Anderson	Glenboro	Multi-Sport
Mikyla	Bennett	Winnipeg	Soccer*
Adrian	Deer	Winnipeg	Multi-Sport
Giana	Denora	Winnipeg	Soccer*
Luke	Enns	Winnipeg	Canoe*
Ashley	Garland	Winnipeg	Multi-Sport*
Emmitt	Gillespie	Stonewall	Multi-Sport
Rachel	Halldorson	Lundar	Hockey*
Caitlyn	Hollywood	Winnipeg	Soccer*
Keara	Howden	Winnipeg	Basketball*
Alexis	Kemp	Winnipeg	Basketball*
Samantha	Medeiros	Winnipeg	Multi-Sport
Rylee	Normand	Winnipeg	Badminton*
Abigail	Pott	Winnipeg	Lacrosse*
Seanna	Price	Winnipeg	Multi-Sport*
Natalie	Rampton	Kenton	Hockey*
Alycia	Ross	Winnipeg	Multi-Sport*
Nevaeh	Stinson	Minnedosa	Softball*
Madison	Streamer	Cranberry Portage	Multi-Sport
Sarah	Thomas	Winnipeg	Soccer*
Angele	Turenne	La Broquerie	Volleyball*
Maxime	Vermette	St Adolphe	Volleyball*
COACHES			
Taylor	Audette	St. Adolphe	Hockey*
Carson	Beggs	Winnipeg	Swimming*
Sarah	Carter	Winnipeg	Multi-Sport
Jessica	Chow	Winnipeg	Soccer*
Wyatt	Hofer	Winnipeg	Lacrosse*

**denotes Team Manitoba NAIG or NAHC alumni status.*

Congratulations to these remarkable athletes and coaches for their dedication and achievements! Their commitment to sportsmanship, academics, and community involvement serves as an inspiration to all aspiring athletes in Manitoba and beyond.

2024 Central Storm WMBA Teams End of Season Wrap-Up

As we wrap up another exciting season for our Central Storm WMBA teams, we extend our gratitude to all the athletes, parents, and especially our dedicated coaches who have made this season unforgettable. Your unwavering support and commitment have been instrumental in the success of our teams.



9-10 Girls Central Storm

Head Coach: Tiffany Nolin, Assistant Coach: April Sandberg

Roster: Layla Kantimere, Kaylee Anderson, Autumn Lavallee, Aluel Lin-Chol, Quirin Nolin, Athena Nelson, Cadence Sandberg, Aubrey-Lyn LeClair.

Though the 9-10 Girls Division did not track wins or losses, our Central Storm team was very competitive, improving each game and working together as a team!



11-12 Coed Central Storm

Head Coach: Tiffany Nolin

Roster: Joey Woodhouse, Hunter Bennett, Ethan Benjamin-Houle, Boyd Becenko, Dehgan Campbell, Meadow Lavallee, Nyariak Parisian-Chol, Kayden Samsoundar, Damen Doerksen, Brynlee Everett.

Finished 9th overall.



13-14 Boys Central Storm

Head Coach: Cade Anderson, Team Manager: Shannon Allard

Roster: Dayden Anderson, Darius Balan, Cruz Durocher, Jarrel Greene, Liam Pitre, Traystin Sinclair, Trennan Sinclair, Marcus Katcheconias, Brandon Perreault, Josiah Ruck, Kaylum Legree, Blair Gazayou.

Finished 4th overall.



13-14 Girls Central Storm

Head Coach: Riya Donnelly, Assistant Coach: Jazi Monieas

Roster: Cianna Bau, Torri Hirsch-McKay, Sibeoluwadara Bamigboye, Kassy Campbell, Keira Phillips, Alyssa Gamblin, Gracie Thompson, Tiffany Pigao, Matiyah Kirton-Luczyk.

Finished 2nd overall. Finalists in play-offs.



15-17 Girls Central Storm

Head Coach: Krishna Armogan, Assistant Coach: Rebecca Kantimere

Roster: Bridgette Kantimere, Czianelle Ceruma, Joenoelle de Leon, Torrence Gamblin, Skyla Nolin, Ainslee Geddes, Marco Archie, Asia Corpuz, Sami-Jo Saunders, Keira Nepinak, Shyla Gray-Traimany.

Finished 2nd overall. Finalists in play-offs.

Central Storm Teams Join Winnipeg Sea Bears for Indigenous Peoples Day

The Winnipeg Sea Bears made National Indigenous Peoples Day memorable with two days of events. Over 50 young athletes from the MASRC's Central Storm WMBA teams trained on their home court, guided by 2023 NAIG Team Manitoba athletes and volunteer community coaches.

The Sea Bears also scored a thrilling victory over the Vancouver Bandits, cheered on by local youth. We thank the Sea Bears for their hospitality and support in empowering the next generation of basketball stars.



MASRC Urban Bike Program Applications Are Open!

This program addresses our goal of providing independent, reliable, and safe transportation to Indigenous youth that have moved from rural and/or remote communities to live in Winnipeg for school or for work.

Applicants Must Be:

- Indigenous (First Nations, Metis, or Inuit).
- Youth between the ages of 16-24.
- From a rural or remote community.
- Now living in Winnipeg.
- Have no reliable mode of transportation.
- Applications open April 12th, 2024 at 9:00AM.

To Apply:

1. Complete the online application form [www.masrc.com/masrc-sports-equipment-bank]
2. Applicants must provide an unofficial transcript or a letter of enrollment/letter of employment.
3. Applications that are submitted without these documents will not be considered.

Note: Bikes are distributed to those that 1) apply first and 2) meet all of the criteria. Completing an application form does not guarantee that we will have a bike for you. For more information, please contact info@masrc.com or 204-925-5737.





Aboriginal Coaching Modules to be hosted July 16th at Sport Manitoba

In order to educate and promote the value of the NCCP and to establish meaningful participation of Indigenous peoples in this national program, the ASC embarked on a multi-year process to develop supplemental training material for Indigenous coaches taking NCCP workshops. The result of this process is the Aboriginal Coaching Modules (ACM), which responds to the need for a national training curriculum with content that reflects the uniqueness of Indigenous cultures, values, and lifestyles. The ACM is a professional development training tool for Indigenous and non-Indigenous coaches who coach Indigenous athletes, as they become certified through the NCCP.

The material in the ACM has been developed to meet the following learning objectives:

- Understanding the role of sport in Indigenous communities.
- Understanding and positively influencing the community in which you coach.
- Coaching the whole person; coaching beyond the physical to include the mental (intellectual and emotional), spiritual and cultural.
- Responding to racism in sport.
- Establishing a code of behaviour for your team that respects differences and addresses racism.
- Helping those you coach make healthy lifestyle choices.

To register for the ACM, please contact Cadin at 204-925-5737, or at cadin.dupasquier@masrc.com. You can also register online by visiting www.masrc.com/events.php.

Summer Softball Development Camp Starts July 9th!

Calling all beginner and intermediate softball players! Get ready for an action-packed summer at the Sinclair Park Community Centre, where we're hosting our Summer Softball Development Camp. This is your chance to learn, play, and have a blast every Tuesday from July 9 to August 13.



Camp Dates:

July 9, 16, 23, 30
August 6 & 13

Camp Times:

Ages 5-7: 6-7 PM
Ages 8-10: 7-8 PM
Ages 11-15: 8-9 PM

Location:

Sinclair Park Community
Centre Diamond #1

Registration Fee:

\$10.00 (Payable by cash or e-transfer to rhonda.bernabe@masrc.com including your child's full name & "softball camp".)

What's Included:

- Equipment provided.
- Snacks and water included.
- Just bring your shoes and athletic gear!

How to Register:

Sign up now by visiting www.masrc.com/north-end-sports.

Contact:

For more information, please contact:

Quinton Denechezhe

North End Multi-Sports

Program Coordinator

Phone: 204-942-6615

Email: quinton.d@masrc.com

Don't miss out on this fantastic opportunity to improve your softball skills and make new friends. We look forward to seeing you at Sinclair Park CC for a summer filled with softball fun!

Team Manitoba Identification Camp Scheduled for August 10-11, 2024

Get ready for an amazing chance to shine at the 2025 NAHC Team Manitoba Identification Camp! Taking place on August 10th and 11th, 2024, at Seven Oaks Arena in Winnipeg MB, this event is open to Indigenous athletes who dream of representing Manitoba in hockey.

Eligibility:

1. Indigenous athletes with recognized documentation of Indigenous Status.
2. Permanent residents of Manitoba (or those from Manitoba attending an out-of-province hockey academy).
3. Female athletes born between 2007-2011 playing AA-AAA, high school, or prep.
4. Male athletes born between 2007-2011 playing Jr. A, Jr. B, AA-AAA, high school, MMJHL, or prep.

Registration:

Secure your spot by paying a \$150.00 registration fee. Fill out the online form linked below and attach your Recognized Documentation of Indigenous Status and full-form birth certificate.



Scouting:

This year, there won't be any scouting services. Athletes must attend the camp to be evaluated.

Questions?

Check out our FAQ section on our website (www.masrc.com/nahc), or email Robyn Cruz, our Major Games Manager, at robyn.cruz@masrc.com.

Don't miss this chance to show off your skills and passion for hockey!

Save the Date for the MASRC's 4th Annual Indigenous Women & Girls Run!

Join us for the 4th Annual Indigenous Women & Girls Run on September 21, 2024! Lace up your sneakers and mark your calendars for a day of empowerment and community at Kildonan Park, Winnipeg, MB.

Distance: 2K & 5K Walk, Run, & Roll

Location: Kildonan Park, Winnipeg MB

Every step you take supports sports and recreation initiatives for Indigenous women and girls in Manitoba. Together, let's make a difference and celebrate the strength and resilience of our community. Hosted in partnership by Anti-Racism in Sport Winnipeg, Athletics Manitoba, and the Manitoba Aboriginal Sports & Recreation Council.



Registration information will be released shortly; however, we are currently accepting registrations for volunteers! Visit www.masrc.com/sport-for-social-development for more details.

Community & Staff Updates



Softball Clinic in Dauphin River First Nation

Earlier in June, the MASRC's Sport for Social Development Urban Program visited Dauphin River First Nation, leaving a lasting impression. Program Leader Kaelei Knutson noted, "Dauphin River was fantastic! The youth enjoyed practicing softball and were thrilled with their new equipment from the MASRC Sports Equipment Bank." Special thanks to Tina and her family for their hospitality. We look forward to hopefully returning soon.



Golfing in Support of Indigenous Dodgeball National Team Member

Despite the rainy weather we've been having, we were excited to join in a fundraiser golf tournament in support of Indigenous athlete DJ Dupasquier! DJ will be representing Canada at the Dodgeball World Championships this summer. MASRC staff ended up par-3 at the end of the tournament.



Ball Hockey in Brokenhead Ojibway Nation

Here are some snapshots from our BON ball hockey sessions, taking place every Monday night until July 15th! So far, we have had a dedicated group of 10 players join us every night. We've been focusing on essential skills such as stretching and conditioning, shooting, and passing techniques, and fostering teamwork dynamics. It's been an exciting journey of skill development and teamwork!



2023 Tom Longboat Recipient Wins Prestigious Canoe Race

Congratulations to Trina Ross for her outstanding performance at the Triple Crown Canoe Race in Cooperstown/Bainbridge, NY! Trina and her partner Chris Prater conquered the grueling 70-mile General Clinton Regatta, clinching 1st place in their class and securing the overall victory in all stock canoes. They even outpaced every men's stock canoe team, crossing the finish line in a remarkable 9 hours and 27 minutes! Talk about setting the bar high!



Angela Chalmers to be Inducted into Canada's Sports Hall of Fame

Angela Chalmers, a proud member of Birdtail Sioux Dakota First Nation, achieved Olympic glory by winning bronze in the 3,000 meters at the 1992 Olympic Games. Inducted into the inaugural class of the Manitoba Indigenous Sports Hall of Fame in 2022 and the Manitoba Sports Hall of Fame in 2001, it was announced earlier this month that Angela will further be honored in Canada's Sports Hall of Fame's Class of 2024. Congratulations Angela!

Celebrating Our Indigenous Athlete of the Month for June!

Nevaeh Stinson, a proud Métis athlete from Minnedosa, has emerged as a role model both on and off the softball field. Currently attending Minnedosa Collegiate Institute, Nevaeh has excelled not only in sports but also in academics, earning herself a spot on the Honour Roll upon graduation.

Nevaeh's journey through high school wasn't without its challenges, especially during the COVID-19 pandemic when she had to navigate remote learning. Despite these obstacles, Nevaeh maintained a strong focus on her studies and achieved a notable 3.6 GPA by the time she graduated. Her determination to excel academically was driven by her realization that without strong grades, her athletic dreams might not materialize beyond high school.



Figure 1: Nevaeh Stinson at the 2023 North American Indigenous Games.

On the softball field, Nevaeh has been a force to be reckoned with. She has represented the Westman Magic and Layne's Stars softball teams with distinction, earning numerous accolades along the way. Notably, she clinched gold at the 2023 North American Indigenous Games, became a Canadian Native Fastpitch Champion in 2023, and secured Western Canadian Softball Gold in the same year. These achievements underscore her exceptional talent and dedication to her sport.

Nevaeh's impressive athletic abilities and academic achievements have not gone unnoticed. She has been awarded a scholarship to Mayville State University, where she will continue her journey as a student-athlete. Nevaeh plans to study early years education, combining her passion for sports with her commitment to shaping young minds.



Beyond her personal accomplishments, Nevaeh remains deeply involved in her community. She actively mentors young athletes through camps and programs, inspiring the next generation of Indigenous youth to pursue their dreams both on and off the field.

Nevaeh Stinson exemplifies the spirit of perseverance and achievement. Her dedication to academics, combined with her outstanding performance in softball, has positioned her as a trailblazer in her community. As she prepares to embark on her collegiate career at Mayville State University, Nevaeh continues to set a shining example for aspiring athletes everywhere. Her story is not just one of athletic excellence but also of resilience, determination, and a commitment to making a positive impact wherever she goes.

Message from MASRC Leadership



MESSAGE FROM OUR EXECUTIVE DIRECTOR, MEL WHITESELL

Dear Members and Supporters,

As summer approaches, we're thrilled to announce our upcoming youth softball camp! Get ready for fun, skill-building, and community spirit on the field. I would also like to congratulate our WMBA Spring League teams on a fantastic season. Your hard work and dedication inspire us all!

I hope you all enjoy the long weekend and look forward to connecting with you in the future!

Thank you to our Sponsors & Partners!



Have a story you want to share? Is your community hosting an upcoming event? Do you have questions about our newsletter?

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Communications Coordinator
P: 204-925-5737
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E: info@masrc.com

2025 MANITOBA INDIGENOUS SUMMER GAMES

**NORWAY HOUSE CREE NATION
JULY 9-14, 2025**

**SAGKEENG ANICINABE NATION
AUGUST 17-23, 2025**

LEARN MORE AT WWW.2025MISG.COM



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