

SEPTEMBER 2023 NEWSLETTER





Major Events

- 3rd Annual Indigenous Women & Girls Run**
Registration Closes
September 21, 2023
- 3rd Annual Indigenous Women & Girls Run**
Kildonan Park, Winnipeg
September 23, 2023
- Aboriginal Coaching Modules**
Sport for Life Centre, Winnipeg
September 24, 2023
- Orange Shirt Day**
- National Day for Truth and Reconciliation**
September 30, 2023
- Reconciliation Run**
Non-MASRC Affiliated
Birdtail Sioux Dakota Nation
September 30, 2023
- Cycle Indigena Bike Program**
Now Accepting Applications
Until October 1 2023
- MASRC Offices Closed**
Thanksgiving
October 11, 2023
- MASRC Annual General Meeting**
Sport for Life Centre, Winnipeg & Zoom
11:00AM, Saturday, November 25, 2023

Newsletter Contents

- Events
- Program Updates
- 2023 NAIG Recap
- We're Hiring!
- Volunteer Opportunities
- NAIG Updates
- August Indigenous Athlete of the Month
- August Indigenous Community
Champion of the Month

September 2023 Event Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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4	5 MASRC Offices Closed	6 North End Hockey Registration Closes	7	8	9 Early bird registration closes for Indigenous Women & Girls Run	10
11	12	13	14	15	16 Community Consultations in Churchill	17 Community Consultations in Churchill
18	19	20	21 Registration closes for Indigenous Women & Girls Run	22	23 3 rd Annual Indigenous Women & Girls Run	24 Aboriginal Coaching Modules
25	26	27	28	29	30 Orange Shirt Day National Day for Truth and Reconciliation Run	

For more information about any of these upcoming events, please visit our website: www.masrc.com/events.

Upcoming Programs & Events

Aboriginal Coaching Modules

As a part of National Coaches Week, the Manitoba Aboriginal Sports & Recreation Council is offering the Aboriginal Coaching Modules on **Sunday, September 24, 2023 from 9:00AM - 4:00PM** at the **Canada Games Sport for Life Centre (145 Pacific Ave).**

The Aboriginal Coaching Modules are a free professional development training resource designed for both Indigenous and non-Indigenous coaches engaged in coaching Indigenous athletes seeking NCCP certification. The content within the ACM has been designed to align with the following educational objectives:



From our August modules for WASAC's camp leaders

- Fostering an understanding of the role of sport within Indigenous communities.
- Cultivating the ability to comprehend and positively influence the community where coaching takes place.
- Emphasizing holistic coaching, extending beyond physical aspects to encompass the mental (intellectual and emotional), spiritual, and cultural dimensions.
- Equipping coaches with the skills to address racism within the realm of sports.
- Establishing a team code of conduct that honors diversity and addresses issues related to racism.
- Guiding those under your coaching to make informed, healthy lifestyle choices.

To register, visit www.masrc.com/aboriginal-coaching-modules, or contact Gabrielle at 204-925-5737 or gabrielle.wishart@masrc.com.

Cycle Indigena Urban Indigenous Free Bike Program

Are you an Indigenous youth that has moved to Winnipeg for work or school? Do you need access to reliable transportation for work or school?

Our Urban Indigenous Bike Program is accepting applications! The program provides Indigenous youth with new bikes to use as transportation to work or school.

To qualify, you must be:

- Indigenous (Status First Nations, Non-Status First Nations, Red River Metis, or Inuit).
- Originally from a rural or remote community and now living in Winnipeg.
- Between the ages of 16-26.
- Working or in school (university, college, or high school) full time



To apply, please visit www.masrc.com/sport-for-social-development.

3rd Annual Indigenous Women & Girls Run

Mark your calendars for Saturday, September 23, 2023, and join the Manitoba Aboriginal Sports & Recreation Council, Athletics Manitoba, and Anti-Racism in Sport Winnipeg at Kildonan Park. Come walk, run, or roll in unity with Indigenous women and girls, as we strive to enhance their access to recreational programs.

Opening remarks start at 9:30AM, and the 5km run begins at 10:00AM. All proceeds from this annual event support wellness initiatives for Indigenous women and girls.

If you would like to contribute, but aren't interested in participating in the actual race, **volunteers are needed!** We're looking for race marshals, assistance with set-up and take down, and many other tasks.

Early bird registration closes September 9th, 2023, while regular registration ends September 21st, 2023. Visit www.masrc.com/sport-for-social-development or contact Kaelei Knutson (kaelei.knutson@masrc.com or 204-942-6615) for more information on how to register or volunteer.



NEW - Indigenous Women, Girls, & Two-Spirit Self-Defence Classes



Proceeds from our Indigenous Women & Girls Run go towards supporting initiatives like our New Self-Defence Classes!

Starting in the fall, we are introducing self-defence classes for **Indigenous women, girls, and two-spirit folks!** The **classes will be free of charge** and will take place for **1 hour once a week**. Details for registration will be released in the next week.

For more information, please contact SSD Manager Robyn Cruz at robyn.cruz@masrc.com, or by phone at 204-942-6615.

Reconciliation Run

The Reconciliation Run started as a healing walk organized by Birdtail Sioux Dakota Nation member Trechelle Bunn. Now, the Run is a 26.5km half-marathon beginning in Birtle and finishing in Birdtail Sioux Dakota Nation, taking place on September 30th. At the end of the run, all community members, volunteers, and participants are invited to a community gathering/feast. The Run is a non-MASRC event. For more information on the run, including its history and how to register, visit www.reconciliationrun.ca.



North End Hockey Call-Out for Coaches & Players

North End Hockey is currently searching for assistant and head coaches for our U7-U15 teams! North End Hockey is a part of the Seven Oaks Minor Hockey Association, and the teams compete at the A3 level.

Supported by Canadian Tire Jumpstart Charities, the MASRC Equipment Warehouse Program, and Sport Canada, the program provides youth living within these core areas the opportunity to learn and play organized hockey in a safe and inclusive environment.



We are also currently accepting late registrations for our U7 and U15 teams only. Our U9, U11, and U13 teams are full.

For more information, please contact Quinton at nestormcoordinator@masrc.com or at 204-942-6615.

Indigenous Athletes Commit to Post-Secondary Schools

2023 North American Indigenous Games athlete Caitlyn Hollywood has declared her commitment to play soccer with the University of Regina Cougars for the 2024-2025 season! Caitlyn is a proud Red River Metis athlete, and currently attends St. Mary's Academy in Winnipeg as a grade 12 student. She is an all-star member of the A.K. Soccer Academy, and they most recently won the Manitoba Soccer Association U17 Girls Championship in July, punching their ticket to Nationals. Caitlyn was also a star player on the Manitoba 19U female soccer team that attended the 2023 North American Indigenous Games. Congratulations and good luck Caitlyn!

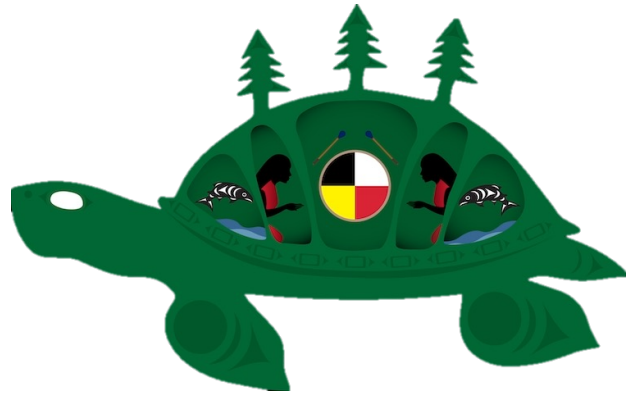


Kacey Young, of Opaskwayak Cree Nation, began her post-secondary career recently as she suited up to join Portage College's female soccer team. Portage College is a part of the Alberta Colleges Athletic Conference (ACAC), and competes within the Canadian Collegiate Athletic Conference (CCAC). The talented multi-sport athlete was a member of Manitoba's canoe/kayak squad this past summer at the 2023 North American Indigenous Games, earning herself a 5th place finish out of 20 competitors in her events. Kacey's fall season has already begun, with her team winning their most recent game against the Northwestern Polytechnic. We would like to wish Kacey good luck in her first college season!

One Spirit Unity Run

Run Together, Unity Forever – One Spirit, One Community

The One Spirit Unity Run will be held on October 22nd, 2023 in 11 unique cities across Canada, including Winnipeg, Manitoba. The Manitoba Aboriginal Sports & Recreation Council Inc. has been named as one of the beneficiaries of this run!



The One Spirit Unity Run is an Indigenous guided, community led, and RCMP-supported effort intended to generate and encourage positive interaction and understanding between Indigenous Peoples and Canadians of all backgrounds across Canada; giving rise to hope, healing and Reconciliation. The objective of this walk/run is to focus on rebuilding and repairing relationships by creating a safe space for all to join together and take literal steps forward in unity. Through this walk/run, we aim to honor the unique histories, cultures, experiences, and traditions of Indigenous communities across the country, and to work towards building a more inclusive Canada. Our hope is to contribute to a larger movement towards healing and Reconciliation in Canada, and to inspire others to act toward creating a more just and equitable community for all.

Our team met with Indigenous Elders, community leaders and members across Canada and sought their guidance, wisdom, and permission to hold this event. We are working collaboratively with Indigenous partners in the planning of each event in each location and are hoping to set an example for how Canadians can work in partnership with Indigenous communities to further Reconciliation and healing.

To register, please visit <https://raceroster.com/events/2023/77101/one-spirit-unity-run>.

Agoojin Volleyball Club Sets Tryout Dates for 2024 Season

Agoojin Volleyball Club is an all-Indigenous volleyball club for female and two-spirit athletes based out of Winnipeg, Manitoba! The club competes within Volleyball Manitoba's club program, with 2-3 tournaments a season, including provincials. The season runs from January to April 2024.

Tryout Information:

14U (2009 or later)

Canadian Mennonite University, Winnipeg

December 17th, 2023

10:00AM - 11:30AM

1:00PM - 2:00PM

16U (2007 or later)

Canadian Mennonite University, Winnipeg

December 17th, 2023

11:00AM - 1:00PM

2:00PM – 3:00PM

To register, email agoojinvolleyball@gmail.com.

NOTICE: MASRC ANNUAL GENERAL ASSEMBLY

SATURDAY, NOVEMBER 25, 2023 AT 11:00AM

ATTENDANCE AVAILABLE ONLINE (ZOOM) AND IN-PERSON AT 145 PACIFIC AVE,
WINNIPEG, MB

CONTACT INFO@MASRC.COM FOR MORE INFORMATION.

Tom Longboat Award Recipients Announced

The Tom Longboat Awards were established in 1951 to recognize Aboriginal athletes for their outstanding contributions to sport in Canada. With a few exceptions, the Awards have been given out every year since its inauguration. It remains the longest standing and one of the most prestigious awards for the Aboriginal athletes in the country.

As a program of the Aboriginal Sport Circle, the Tom Longboat Awards provide a forum for acknowledging the growth and strength of the Aboriginal sport movement in Canada and its tremendous impact on the sport development from community level participation to elite level competition.

Trina Ross, Dragon Boat

Once again, for the second consecutive year, Pimicikamak Okimawin proudly celebrates the recognition of another outstanding female athlete with the prestigious Tom Longboat Award. This year, we extend our heartfelt congratulations to Trina Ross from Pimicikamak for her well-deserved honor as the recipient of the esteemed Tom Longboat Award.

In 2022, Trina stood as the lone Indigenous athlete representing Canada on the national dragon boat team, and she brought immense pride to our nation by achieving a remarkable feat at the ICF Dragon Boat World Championships in the Czech Republic. Her extraordinary accomplishments include an impressive collection of 8 medals, comprising 3 gold medals, 1 silver medal, and 4 bronze medals.



Trina serves as an exceptional role model, inspiring Indigenous athletes of all ages not only within our province but also across our great nation. We are excited to announce that Trina will receive her well-earned recognition at the upcoming 67th Annual Order of Sport Awards Ceremony next month in Gatineau, Quebec. Joining her in this prestigious honor is another Manitoba-born athlete, Red River Metis, and the 2023 Tom Longboat Award recipient, Connor Church.

Connor Church, Wrestling

For the second year in a row, Connor Church has been chosen as the male recipient for the Tom Longboat Award. He is a member of the Manitoba Metis Federation. He is also a National Team member for Wrestling Canada, winning his first nationals in 2022. After winning Nationals Connor went on to win the Canada Cup and the Canada Summer Games in his weight class. In 2022, Connor competed at the U20 PanAm Championships, where he placed 3rd overall.

Connor is currently attending Concordia University where he is studying Business Development. He is training as a member of the Varsity team at Concordia and with the Montreal Wrestling club.





2002 NAIG Legacy Scholarship Recipients for the 2023-2024 Year Announced

The MASRC had the honor of being selected as one of the beneficiaries of the 2002 North American Indigenous Games, which established legacies in the forms of Knowledge, Equipment, and Financial Awards. These legacy funds originated from the successful hosting of the North American Indigenous Games held in Winnipeg, Manitoba, in July 2002.

The 2002 NAIG Legacy Committee was formed to oversee the distribution of financial legacies left from the Games. In the 2002 NAIG Legacy Plan, consideration was made for the development and implementation of a Scholarship Awards Program for Manitoba's Aboriginal athletes and coaches, to be administered by the MASRC for the life of the fund.

The athlete scholarship is presented to deserving male and female athletes from Manitoba who have demonstrated their exceptional athletic skills and capabilities while maintaining high academic standards in high school. Moreover, they must exhibit a commitment to pursuing further education at a recognized post-secondary institution.

2023-24 Athlete Scholarships

<i>Name</i>	<i>Sport Participation</i>	<i>Community</i>	<i>University/College & Team (if competing)</i>
Hannah Lytwyn	Volleyball	Norway House Cree Nation (Winnipeg)	Universite de Moncton, NB (Women's Volleyball)
Jerome Sanderson	Soccer Basketball	Mosakahiken Cree Nation	Assiniboine Community College, MB (Men's Soccer)
Landon Gudnason	Baseball	Red River Métis (Glenboro)	Okanagan College, BC (Men's Baseball)
Ryanne Bass	Ringette Softball	Red River Métis (Elie/Sanford)	Mayville State University, ND, USA (Women's Softball)
Tyler Campbell	Baseball Volleyball Downhill Ski Basketball	Fox Lake Cree Nation (Roblin)	MC College, SK
Sienna Gudnason	Volleyball Basketball Softball Athletics Badminton Golf	Red River Métis (Glenboro)	Lake Region State College, ND, USA (Women's Volleyball)
Sophia Anderson	Athletics Volleyball Badminton Softball Hockey	Red River Métis (Glenboro)	University of Manitoba, MB (Women's Hockey)
Jordyn Nepinak-Sargent	Hockey	Pine Creek First Nation (Winnipeg)	Lake Superior State University, MI, USA



Anya Misner	Hockey	Red River Métis (Cooks Creek)	Carleton University, ON (Women's Hockey)
Melanie Giesbrecht	Volleyball	Red River Métis (Linden)	University of Winnipeg, MB
Jayna Maytwayshing	Basketball	Lake Manitoba First Nation (Winnipeg)	Brandon University, MB (Women's Basketball)
Blake Sherk	Football Volleyball Basketball Badminton Athletics Rugby	Kahkewistahaw First Nation (Winnipeg)	University of Winnipeg, MB
Kailey Jonston-Kruclicki	Soccer Volleyball	Red River Métis (Winnipeg)	University of Manitoba, MB (Women's Soccer)
Ella Stewner	Hockey	Red River Métis (East St. Paul)	University of Alberta, AB (Women's Hockey)
Brayden Bear	Hockey	Peguis First Nation (Pilot Mound)	Red River College, MB
Desiree Chartrand	Basketball Volleyball Badminton	Red River Métis (Teulon)	University of British Columbia, BC
Julianna Herman	Hockey	Red River Métis (The Pas)	Saint Anselm College, NH, USA (Women's Hockey)
Arianna Gamblin	Volleyball Basketball Soccer Badminton	Norway House Cree Nation	University of Manitoba, MB
Jenna Goertzen	Volleyball Soccer Badminton Basketball Hockey	Red River Métis (Winnipeg)	Carleton University, ON (Women's Hockey)
Camryn Desjarlais	Curling	Red River Métis (Winnipeg)	University of British Columbia, BC

The coach scholarship recognizes the outstanding contributions of one male and one female coach in Manitoba who have exhibited dedication and proficiency in coaching within their chosen sport. These coaches must also present evidence of their intentions for further development in coaching.

2023-2024 Coach Scholarships

<i>Name</i>	<i>Sport Participation</i>	<i>Community</i>	<i>University/College</i>
Leslie McKay	Softball	Norway House Cree Nation	Brandon University, MB
Jessica Chow	Soccer	Red River Métis (Winnipeg)	University of Regina, SK (Women's Soccer)
Kaitlyn Clarke	Athletics (Throws & Jumps)	Red River Métis (Winnipeg)	University of Manitoba, MB (Track & Field)



2023 North American Indigenous Games Recap

Team Manitoba Wins 69 Medals at 2023 NAIG; Placing 5th Overall

Our teams returned just over a month ago from a very successful North American Indigenous Games! Competing in 14 different sports, Team Manitoba returned home with 32 gold medals, 19 silver medals, and 18 bronze medals.

Gold Medalists

Athletics 80m 14U Male **Jackson Chastellaine**

Canoe/Kayak K1 200m 19U Male **Luke Enns**

Canoe/Kayak K1 3000m 19U Male **Luke Enns**

Canoe/Kayak K1 6000m 19U Male **Luke Enns**

Rifle Shooting Individual - 3P 16U Male **Zerick Dysart-Waterman**

Athletics Javelin 19U Female **Rayna Sanderson**

Swimming 4x100m Freestyle Relay 16U Male **Dean Anderson, Riley Anderson, Hayden Bowman, Harrison Parboosingh**

Swimming 200m Breaststroke 14U Female **Brooke Peloquin**

Swimming 200m Individual Medley 14U Female **Brooke Peloquin**

Wrestling 52 KG/ 114.6 lbs Female **Kaura Coles**

Wrestling 64 KG/ 141 lbs Female **Anaka Chartrand**

Wrestling 66 KG/ 145.5 lbs Male **Nikola Coles**

Wrestling 74 KG/ 163.1 lbs Male **Beau Chartrand**

Athletics 150m 14U Male **Jackson Chastellaine**

Athletics Javelin 16U Female **Jade Pelland**

Canoe/Kayak MC2 3000m 19U Male **Luke Enns, Robert Spence**

Canoe/Kayak K1 1000m 19U Male **Luke Enns**

Golf 16U Male **Adam Blair**

Golf 19U Female **Ashley Garland**

Rifle Shooting Individual - Prone 16U Male **Zerick Dysart-Waterman**

Rifle Shooting Overall 16U Male **Zerick Dysart-Waterman**

Swimming 1500m Freestyle 19U Male **Joseph Sumner**

Swimming 50m Breaststroke 14U Female **Brooke Peloquin**

Badminton Singles 19U Female **Rylee Normand**

Badminton Doubles 19U Female **Rylee Normand, Maureen Thompson**

Badminton Doubles 19U Male **Evan Hancock, Dwayne Oman**

Baseball 19U Mix **Cédric Lagassé, Eric Cote, Chris Tetrault, Cody Gunderson, Brett Lucko, Rylan Slatcher, Matthew Thompson, Landon Gudnason, Lincoln Carriere, Logan Dearborn, Mason Hooper, Bryce Raven, Evan McIvor, Nixon Carriere, Micheal Lindsay, Ryder Duncan**

Basketball 19U Female **Crystal Garson, Grace Mckay, Carmen Buck, Maddie Amyotte, Keara Howden, Rylee Ault, Jayna Maytwayashing, Abigail Sweeny, Lauryn Wilson, Hope LaRocque, Faith LaRocque, Alexis Kemp**

Softball 16U Female **Jordin Mckay, Sally Leask, Danica Chaske, Naomi McKay, Lareina Settee, Keisha Cooke, Mackenzie Gardner, Chloe Carriere, Logan Tully, Nastassija Gabriel, Merrill Cochrane, Paige Powroznik, Aislyn Richard, Aliyah Richard**

Softball 16U Male **Corvo Castel, Teegan Jonasson, Coalton Saunders, Royce Cook, Conner Weber-McKay, Norman John Lacquette, Josiah Govereau, Cha'ron Halcrow, Trent Forster, Seth Budd-Muswagon, Bernie Garson, Spencer Muswagon, Peter Flett**



Softball 19U Female Kaitlyn Davy, Cheyenne Lough, Taylor Audette, Hope Ransome, Nevaeh Stinson, Ryanne Bass, Aniya Monkman, Finley Folkett, Bailey Gardner, Madison Dauphinais, Madison Cochrane, Laura Ransome

Volleyball 16U Male Bailey Tacanwaste, Cédric Saurette, Demitri Munroe, Gabriel Beaudin, Jaxen Muswagon, Hunter Oleschak, Tristan Cousineau, Colin Vermette, Logan Barnabe, Owen Giesbrecht, Kingston Thomas, Brock Eastman

Silver Medalists

Canoe/Kayak MC1 3000m 16U Female Leira Frogg

Athletics High Jump 19U Female Hayley Oleschak

Athletics Triple Jump 16U Female Raina Garland

Canoe/Kayak K1 3000m 14U Male Breas Ross

Athletics High Jump 14U Female Addison Price

Athletics Long Jump 16U Female Raina Garland

Athletics 4x100m Relay 14U Male Cashton Barron, Cashton Chastellaine, Jackson Chastellaine, Chase Macdonald

Swimming 4x100m Freestyle Relay 14U Female Mila Gaslard, Sophie Marshall, Isabelle McKechnie, Brooke Peloquin

Wrestling 58 KG / 127.9 lbs Male Jerin Coles

Wrestling 64 KG/ 141 lbs Female Margret Bruneau

Wrestling 82 KG/ 180.8 lbs Female Michelle Omand

Athletics 4x400m Relay 14U Male Jackson Chastellaine, Chase Macdonald, Révin Therrien, Danny Whitford

Swimming 4x50m Freestyle Relay 14U Female Mila Gaslard, Sophie Marshall, Isabelle McKechnie, Brooke Peloquin

Swimming 200m Backstroke 14U Female Sophie Marshall

Swimming 100m Breaststroke 14U Female Brooke Peloquin

Badminton Doubles 19U Mix Evan Hancock, Rylee Normand

Soccer 19U Male Sky Wilson-Garcia, Blake Sherk, Ryan Buck-Stevens, Fernandez Monias, Jerome Sanderson, Cheechoo Lathlin, Fabian Campbell, Aydin Steggles, Claudio Constant, Antonio Constant, Theo Pratt, Keaston Brooker, Devon Evans, Andrew Maruschak, Kenton Davis, Nolan Sinclair

Volleyball 16U Female Rihanna Rudolph, Summer Cadotte, Ryann Hay, Macie Urban, Alyssa Cador, Lanie Murdock, Jessalyn Mecas, Madison Richard, Kaitlyn Tanner, Tayah-Rae Morrisseau, Demeraye Clearsky-Meeches, Rylee Ouellette

Volleyball 19U Male André Turenne, Justice Roulston, Tristyn M'Lot, Joshua Wilson, Nolan Ducharme, Kyle Keno, Kobe Shorting, Leiland Parenteau, Maxime Vermette, Samuel Gurke, Levi Johnston, Wizdom Smith

Bronze Medalists

Canoe/Kayak MC1 3000m 14U Female Jamie Gareau

Athletics Long Jump 14U Female Demi Robertson

Athletics Long Jump 19U Male Blaze Benediktson

Athletics Shot Put 16U Female Jade Pelland

Canoe/Kayak K1 3000m 14U Male Pierce Constant

Athletics High Jump 14U Female Demi Robertson

Athletics High Jump 19U Male Kendal Bear

Athletics Triple Jump 19U Male Blaze Benediktson

Athletics 4x100m Relay 14U Female Lily Lounsbury, Jessica Murdock, Addison Price, Demi Robertson

Canoe/Kayak MC1 1000m 16U Female Charisma Bercier

Swimming 50m Backstroke 16U Male Riley Anderson

Wrestling 46 KG / 101.4 lbs Female Heidi Halcrow

Golf 16U Male Payne Wood

Swimming 4x50m Freestyle Relay 16U Male Dean Anderson, Riley Anderson, Hayden Bowman, Harrison Parboosingh

Swimming 100m Backstroke 14U Female Sophie Marshall

3D Archery Compound 16U Female Waasayah Munro-Soldier

Badminton Singles 16U Female Kendra Hancock

Badminton Doubles 16U Female Kendra Hancock, Orenda Handel

We extend our heartfelt congratulations to all our exceptional athletes, dedicated coaches, committed sport managers, and selfless volunteers who played integral roles in our remarkable success at the Games! We'd also like to express our gratitude to everyone who supported our teams throughout their journeys, whether you were a parent traveling to cheer on your child or family members watching from afar. Your unwavering support was instrumental in our achievement. Thank you!



Stay tuned for our official NAIG recap! This feature-length newsletter will include athlete & coach stories, notable accomplishments, and more from the Games!

NAIG 2023 Awards & Celebration Ceremony Feasibility Study

The Manitoba Aboriginal Sports & Recreation Council is conducting an informal feasibility study to determine general interest in hosting an Awards & Celebration Ceremony for all who attended the North American Indigenous Games. We believe in celebrating our athletes, coaches, and team staff, and want to ensure their successes at the Games are honoured. The study consists of a short, 5-minute survey. All answers are anonymous, and the study will close on September 15, 2023.

To complete the survey, please scan the QR code to the right using your phone's camera or visit this link:
<https://forms.office.com/r/qXwBCxcp51>

NAIG 2023 Awards & Celebration
Ceremony Interest Form



Memories from the 2023 North American Indigenous Games



For more photos & videos from the Games, please visit www.masrc.com/naig_2023.



Get Involved!

Career Opportunities

Take the lead in spearheading the progress of sports and recreation development within Indigenous communities. If you are committed to promoting social transformation, establishing community-based initiatives, and collaborating with Indigenous communities across our province, we invite you to explore the two job opportunities we currently have.

Sport for Social Development Recreation Coordinator (SSD)

Application Deadline: September 15, 2023

This position will stay open until a suitable candidate is selected and will start as soon as possible.

Position Description:

Reporting to the SSD Manager, the SSD Recreation Coordinator will implement sports and recreation programs tailored for Indigenous residents in Manitoba. The SSD program's objective is to collaboratively enhance employability, education, and health among community members while reducing at-risk behaviour through sports and recreation. The Coordinator will lead and manage programs aligned with these objectives and provide guidance and training to community members to enable them to independently organize their own sports and recreation initiatives.

Recreation Coordinator Responsibilities:

- Work with communities to develop programs, leagues, and services for youth, including training and supporting community leaders in the delivery of programs, as well as ensuring communities have equipment to run desired programs.
- Assist communities in developing promotional materials and marketing strategies for their programs.
- Assist in the creation of a standardized year-round sports and recreation schedule for activities and events, which is culturally relevant to a communities' season and ways of life.
- Train and support community leaders in the delivery of programs.
- Identify barriers preventing youth participation in programs and coordinating with the community to eliminate them.

Qualifications:

- Valid class 5 driver's license.
- A current criminal record check including vulnerable sector.
- Have a high school diploma or GED. Any additional education will be considered an asset.
- Have knowledge and experience with rural & remote Indigenous communities in Manitoba.
- Must be willing to travel up to bi-weekly around Manitoba by driving or flying (overnight stays are to be expected).
- Experience in conducting workshops and presentations is considered an asset.

The Recreation Coordinator position is full-time and includes benefits and pension. Starting salary is \$38,000 but can be negotiated based on experience. Hours are variable, with some in-office work during weekdays, as well as some evenings and weekends, for a total of 35 hours per week.



Administrative Assistant

Application Deadline: September 15, 2023

This position will stay open until a suitable candidate is selected and will start as soon as possible.

Position Description:

This administrative role entails maintaining, monitoring, and sustaining the systems, protocols, and platforms essential for the daily operations of the MASRC. Their primary duty is to guarantee the smooth functioning of the MASRC on a daily basis.

Administrative Responsibilities:

- Assess and respond to staff's administrative needs.
- Manage MASRC memberships.
- Oversee the processes, tracking tools, and manuals of all MASRC platforms (Asana, Zoom, and Microsoft Software including Sharepoint, Word, Excel, Powerpoint, Teams, and Forms).
- Onboard all new staff.
- Coordinate and book meetings.
- Support the Executive Director as needed (i.e., written communication).
- Synthesize program metrics into reports to be given to the Executive Director, the SSD Supervisor, and the Director of Special Projects.
- Assess and triage IT problems, solving minor issues in-office.

The ideal candidate will:

- A current criminal record check including vulnerable sector.
- Have a high school diploma or GED. Any additional education will be considered an asset.
- Have experience in conducting workshops and presentations.

The Administrative Assistant position is full-time and includes benefits and pension. Starting salary is \$38,000 but can be negotiated based on experience. Hours are typically Monday to Friday, 9:00AM to 4:30PM, and may include some weekends and evenings for a total of 35 hours per week.

For both positions, a cover letter and resume can be sent to mel.whitesell@masrc.com. Only successful applicants will be contacted for an interview. Qualified Indigenous (Status & Non-Status First Nations, Red River Metis, and Inuit) applicants will be given preference. Both positions will remain open until a qualified candidate is found.

Volunteer Opportunities

We are also looking for volunteers for the following programs/events:

- North End Hockey: Head & assistant coaches needed for U7-U15 coed teams.
- 3rd Annual Indigenous Women & Girls Run: Race marshals, assistance with set-up and take-down, and runner check-ins.

We are also compiling a volunteer database for those interested in volunteering with future MASRC programs/events. For more information, or to have your name added to our database, please visit www.masrc.com/get-involved.

August 2023 Indigenous Athlete of the Month

Muriel Hart, Nisichawayasihk Cree Nation (Winnipeg)

Muriel Hart, hailing from the Nisichawayasihk Cree Nation, has achieved something truly remarkable through years of unwavering dedication and relentless hard work. Her journey to Strongwoman Nationals is a source of immense pride and inspiration for all of us!

At the beginning of August, Muriel exhibited her extraordinary strength and unwavering determination at the prestigious 6th Annual Manitoba Strongman Classic 2023, where she represented her community with unmatched passion. Her role as a trailblazer as one of the few First Nations athletes in Strongman Manitoba is commendable. She not only competes but also strives to motivate and empower more Indigenous women to embrace this challenging sport and shine brightly on the national stage.

Muriel's journey serves as a powerful testament to the value of perseverance and a reminder that it is never too late to chase our dreams, shatter barriers, and conquer the weighty challenges life presents. Her story is particularly inspiring for older women who may be contemplating new adventures in life.



Let us all come together to celebrate Muriel's exceptional achievement and extend our warmest wishes as she continues to excel on her remarkable journey in the world of Strongman and Strongwoman sports.

Are you an athlete, coach, or parent that attended the 2023 North American Indigenous Games?
Do you have an exceptional story to tell, overcoming hardship, or excelling in your sport?

We want to share your story!

We want to connect with exceptional athletes, coaches, and volunteers throughout our province, and make sure that their story is known!

If you have an exceptional story to share, and want it shared across multiple platforms, please reach out to:

Gabrielle Wishart
Communications Coordinator
1-204-925-5737 | gabrielle.wishart@masrc.com

August 2023 Indigenous Community Champion of the Month

Tamara Beardy, Tataskwayak Cree Nation (Winnipeg)

Diabetes Awareness Run

Tamara Beardy's inspiring journey to raise awareness and support for diabetes is truly commendable. Her dedication to running over 900 kilometers from her home community in northern Manitoba to Winnipeg not only demonstrates her commitment to addressing diabetes-related issues but also highlights the challenges faced by First Nations communities in accessing adequate healthcare resources.

Tamara's personal experience with her daughter's Type 1 diabetes diagnosis served as a catalyst for her career in diabetes research and her advocacy efforts. Her decision to become a nursing assistant and work with the University of Manitoba in diabetes research reflects her determination to make a positive impact on the lives of those affected by diabetes, particularly in Indigenous communities.

The statistics provided by Diabetes Canada regarding the high prevalence of diabetes among First Nations people, both on-reserve and off-reserve, underscore the urgent need for increased awareness and improved access to healthcare services in these communities. Manitoba's status as having the highest rate of diabetes in the country further emphasizes the significance of Tamara's fundraising and awareness-raising efforts.



Tamara's run, which spanned from August 13, 2023, to September 2, 2023, not only raised crucial funds but also shed light on the challenges faced by individuals and communities dealing with diabetes in remote areas. Her journey serves as an inspiring example of how individuals can make a difference by taking proactive steps to address health disparities and raise awareness about important health issues.

To nominate your Athlete or Community Champion of the Month, please visit www.masrc.com/monthly-awards.

Message from MASRC Leadership

MESSAGE FROM OUR EXECUTIVE DIRECTOR, MEL WHITESELL



The Manitoba Aboriginal Sports & Recreation Council Inc. expresses its heartfelt gratitude to our community for the support we've received throughout a vibrant and busy summer! As we transition into the fall season, we anticipate celebrating the remarkable achievements of our dedicated athletes and coaches in their respective seasons.

Our staff is gearing up for an eventful fall, full of a multitude of exciting programs and upcoming events. We're thrilled at the prospect of unveiling our plans to you soon!

Thank you to our Sponsors & Partners!



Have a story you want to share? Is your community hosting an upcoming event? Do you have questions about our newsletter?

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