



M A S R C
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**Manitoba Aboriginal Sports
& Recreation Council
Newsletter**

**Upcoming
Events**

**NAIG
Tryouts**

**Scholarship
Recipients**



NAIG 2002 Legacy Scholarship Recipients Announced!

The Manitoba Aboriginal Sports & Recreation Council (MASRC) is pleased to announce this year's recipients of the 2022 MASRC - 2002 NAIG LEGACY SCHOLARSHIPS for Athletes and Coaches.

2022 Athlete Scholarships (in the amount of \$600) are awarded to:

Chloe Gauthier Hockey | Lorette
Ashlyn Lavoie Hockey | Winnipeg (Sagkeeng First Nation)
Sydney Bass Ringette | Elie
Samantha Pfeil Rhythmic | Gymnastics Winnipeg
Andrew Simard Athletics | Brandon
Kayleigh-Lynn Pagee Volleyball | Thompson (Nisichawayasihk First Nation)
Kali Hilderman Hockey | Winnipeg
Zerek Menard Basketball | Brandon (Pine Creek/Camperville)
Madison Haliuk Hockey | Binscarth
Jax Chammartin Basketball | Lorette
Dana Goertzen Hockey | Winnipeg
Nicole Romanuk Fastpitch | Starbuck (Fisher River Cree Nation)
Payton Leflar Volleyball | Morris
Ariana Wery Hockey | Richer
Ian McPeek Speed Skating | Winnipeg (Kitchenuhmaykoosib Inninuwug First Nation)
Cabrel St. Vincent Basketball | Winnipeg
Hannah Campbell Volleyball | Swan River
Ashtyn Savoie Taekwondo | Lockport
Aidan Hruska Volleyball Winnipeg

2022 Coach Scholarships (in the amount of \$600) are awarded to:

Jessica Chow Soccer | Winnipeg
Preslee Munroe Basketball | Winnipeg (Pine Creek First Nation)

Congratulations to our 2022-23 recipients! Applications for the 2023-24 academic year will open next spring.

MEET OUR NEW STAFF!

Rachael and Riya will be assisting in the organization and execution of our major games, including NAIG, NAHC, and MIG.



Coach Coordinator

RACHAEL CAMERON

Niisaachewan Anishinabe Nation, Treaty 3

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Games Assistant

RIYA DONNELLY

Winnipeg, MB

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EVENT COUNTDOWN

as of June 30th, 2022



**2023 NAHC
310 DAYS**



**2023 NAIG
379 DAYS**

UPCOMING NAIG 2023 TRYOUTS



Athletics

July 16, 2022

University Stadium, University of Manitoba, Winnipeg

Basketball

July 9 & 10, 2022

Sport for Life Centre, Winnipeg

Box Lacrosse***

August 6, 2022

Sagkeeng Arena, Sagkeeng

Soccer

July 19 & 20, 2022 (evenings)

Axworthy RecPlex, University of Winnipeg, Winnipeg

July 23, 2022

Arbor Field, Opaskwayak Cree Nation (The Pas)

Archery

TBD

Golf

TBD

Swimming

Swim Canada Result

Wrestling

TBD

***Box lacrosse is male-only.

Tryouts for badminton, baseball, canoe/kayak, softball, and volleyball have already past. For information on eligible ages, previous tryout dates, and for sport-specific info, please visit www.masrc.com/naig_2023.

NAIG Classics Collection



**SHOW OFF
YOUR TEAM
MANITOBA
PRIDE!**



Contact Rhonda at rhonda.bernabe@masrc.com to order!

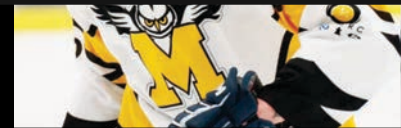
NAHC 2023 ID CAMP



August 13-14, 2022



Bell MTS Iceplex,
Winnipeg



Visit www.masrc.com/nahc
to complete your registration
form today!



Aboriginal Coaching Module

July 16th, 2022
9:30-4:00PM

Dauphin Metis
Community
Center, Dauphin

Email hannah.chambers@masrc.com
to register today!



WINNIPEG PROGRAMS

NORTH END STORM



Community hockey program for youth 5-14 living in Winnipeg's North End.

Equipment loans and program subsidies available for families in need.

Registrations for the 2022-23 season start August 2022!

For more information, please email info@masrc.com.

BASKETBALL SKILLS CAMP

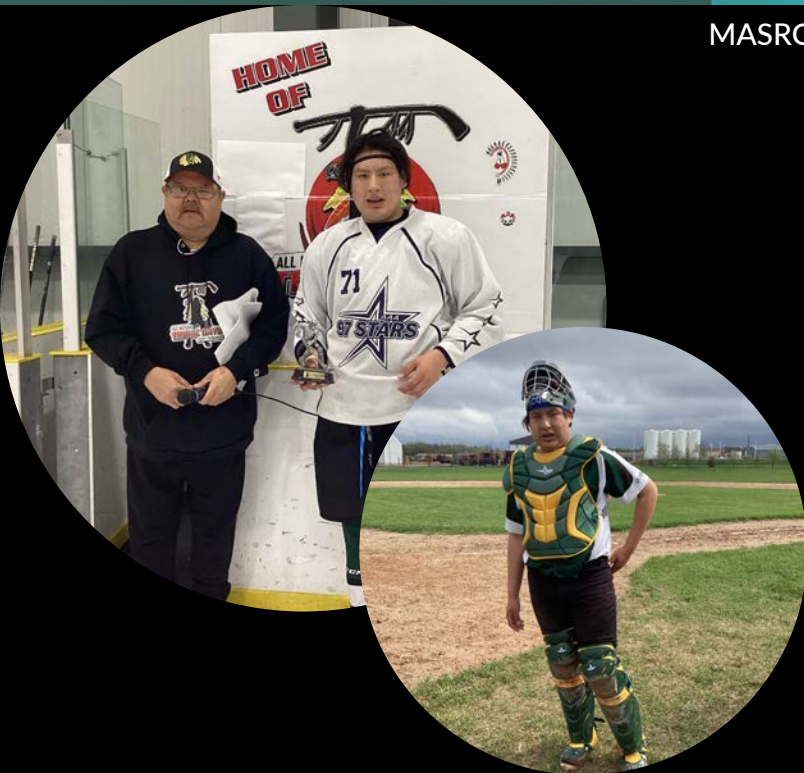
FOR GIRLS IN GRADES 7-9
TUESDAYS & THURSDAYS
12-3
JULY 5-AUGUST 11

EMAIL CARRIERA.LAMOUREUX@MASRC.COM

TO REGISTER TODAY!



May Athlete of the Month



MASRC is proud to announce our May **#MASRCAthleteoftheMonth!**

Norman John Lacquette is a First Nation multi-sport athlete from Mallard, MB.

"Norman John Lacquette loves baseball and hockey. He has been playing both forever, and learned to hold a baseball bat and hockey stick as soon as he could walk. He has many strong athletic mentors to look up to which makes him work 10x as hard to be the best he can be. Norman is lucky to have a strong, athletic family to encourage, support, and mentor him as he grows.

In school, Norman makes sure he keeps up with his studies, and is enrolled in the older grade's Pre-Cal mathematics. Growing up, Norman would follow his uncle's baseball team around, and along side the diamond he would be encouraging all of the younger kids to play a game of baseball. He was usually the Umpire or the catcher."

-Jolene Lacquette, Mother.

Congratulations Norman! We're looking forward to seeing your future achievements in sport and academics.

May Community Champion of the Month

Our May **#MASRCCommunityChampionoftheMonth** is Heather Lambert! Heather is a Métis basketball coach from St. Laurent, MB.

"Heather is a basketball coach from St. Laurent where she went to school and played basketball. As an athlete, Heather had very dedicated basketball coaches, and she wanted the boys to have the same opportunity she had. These boys are extremely lucky to have her as a coach as she is passionate about the game, spent countless volunteer hours organizing, as well as scheduling and planning.

Heather coached the Junior Varsity Boys St. Laurent Hawks basketball this season. She brought both the St. Laurent School and Ecole Communautaire Aurele-Lemoine in the community together and formed the co-op team.

The season was a success as the boys won their zones and placed third at provincials. This is so positive for our boys, as it keeps them active, it teaches them many life long lessons, and they will forever remember the road trips and friendships that are created when you are part of a team. Great job Heather!" - Tanya, athlete parent.
Congratulations Heather!



Nominate your Athlete or Community Champion of the Month by visiting <https://www.masrc.com/monthly-awards>.

Nominations close every month on the 25th.

June Athlete of the Month



MASRC is proud to announce our June #MASRCAthleteoftheMonth! Elle Wood is a Métis volleyball player from Winnipeg, MB.

"Elle Wood is a proud Métis student at St. Mary's Academy in grade 11 with an over 90% average in her studies. She does her best to be involved in the community and in her high school. She acts on important issues at St. Mary's Academy where she is the co-head of the Mission Club, a member of the Mental Health Day planning committee (focus on grade 10s), a Peer Support classroom presenter, a Model United Nations delegate, and member of the Wellbeing Committee. This year she also had the privilege to peer mentor a student in grade seven. One of her biggest accomplishments this year was organizing the Water With Blessings fundraiser to help increase access to clean water for people in Kenya raising over \$1,500.

Elle plays on her high school varsity volleyball team, runs on her high school varsity cross country team, and is a member of the high school's golf team. For her club volleyball team, she was Captain and led her team to win a bronze at Nationals for Tier 1, Division 3 (May 2022). Recently, she was a member of the St. Mary's Academy Cross Country Team that won Varsity Girls Cross Country Provincials (May, 10, 2022) and St. Mary's Academy Golf Team where they won provincials and were awarded MHSAA Provincial Girls Golf Champions (May 27, 2022).

Elle is a good example for other athletes because she is a very positive team player and recognizes the strengths in others as opposed to only focusing on herself. She is inclusive and brings team members together to talk about the sport as well as life outside of the sport. In her role as Captain on her club volleyball team, Elle often led discussions in the timeout sessions to boost moral, provide advice, and highlight successes."

-Georgette Jones, Mémère

June Community Champion of the Month

Our June #MASRCCommunityChampionoftheMonth is Ray Starr! Ray is an Ojibway community recreation volunteer from Sandy Bay First Nation, now living in Sagkeeng.

"Ray is a hardworking, dedicated, respectful and kind father, husband, and adopted community member of Sagkeeng First Nation. Despite his busy work and home life, he found time after work and from his loving family to take it upon himself to organize a Senior Rec Hockey League for adults in our community.

On top of that, he also organized an Adult Rec Hockey Tournament within Sagkeeng. He deserves to be recognized for his continued commitment to his community as he goes out of his way to encourage our local adult men and womens players to come out of retirement to enjoy and play the game of hockey. He also motivates our youth to keep growing their talents and skills, even after they aged out of organized minor hockey programming.

Ray also makes sure to promote the importance of holistic healing, and is an advocate for mental health issues. I cannot thank him enough for his efforts, as they too brought myself out of retirement, and helped me begin to focus on improving my overall health to get back to enjoying playing hockey again."

-Jessica Guimond, community member.



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Nominations close every month on the 25th.

Manitoba Indigenous Games (MIG) Champions 2022



BiiigHoop

19U Male

1st Place -Brendan Anderson, 40 Points Helen Betty Osborne Ininiw Education Resource Centre

19U Female

1st Place -Kayla Muchikekwanape, 28 Points Helen Betty Osborne Ininiw Education Resource Centre

16U Male

1st Place -Jacoby Greene, 40 Points Tec Voc High School

16U Female

1st Place -Cas Doucet, 43 Points Portage Collegiate Institute

13U Male

1st Place -Vanessa Cranen, 52 Points Ecole Dugald School

13U Female

1st Place -Deserae Hudson, 121 Points Dauphin River School

10U Male

1st Place -Brody Rheult, 55 Points Ecole Dugald School

10U Female

1st Place -Kaëlle Kuzmik, 48 Points ÉCAL (École Communautaire Aurèle-Lemoine)

8U Male

1st Place -Kashtin Kuzmik, 47 Points ÉCAL (École Communautaire Aurèle-Lemoine)

8U Female

1st Place -Skylar, 55 Points*

Mulvey School

6U Male

1st Place -Joel Green, 28 Points Berens River School

6U Female

1st Place -Ariella Anderson, 23 points Stevenson-Britannia School

Basketball Challenge

19U Male

1st Place -Micheal McLin, 420 Points Elmwood High School

19U Female

1st Place -Dasia Frost, 350 Points Elmwood High School

16U Male

1st Place -Seth Maytwayashing, 360 Points Tec Voc High School

16U Female

1st Place -Cynthia Lewsi, 180 Points Elmwood High School

13U Male

1st Place -Stefan Goosehead, 360 Points John G Stewart School

13U Female

1st Place -Quine Lamoureux, 170 Points Ecole Dugald School

10U Male

1st Place -Nathan Jeninga, 160 Points Ecole Dugald School

10U Female

1st Place -Evane Devion, 200 Points Ecole Dugald School

Archery: Handmade Bow Division

16U Male

1st Place -Keilan Flett, 40 Points George Saunders Memorial School

16U Female

1st Place -Leiah Saunders, 45 Points George Saunders Memorial School

13U Male

1st Place -Damon Beardy, 66 Points George Saunders Memorial School

13U Female Archery

1st Place -Keanna Redhead, 44 Points George Saunders Memorial School

Archery: Recurve Bow Division

19U Male

1st Place -Ashton Thompson, 118 Points Dauphin River School

19U Female

1st Place -Celena, 95 Points Children of the Earth High

16U Male

1st Place -Israel Sinclair, 122 Points Dauphin River School

16U Female

1st Place -Chanelle Sumner, 111 Points Ashern Central School

13U Male

1st Place -Matthew McKay, 101 Points Stevenson Island School

13U Female

1st Place -Deserae Hudson, 121 Points Dauphin River School

Foxtails & Targets

19U Male

1st Place -Justice Thompson, 325 Points Tec Voc High School

19U Female

1st Place -Rhiannon Woodhouse, 325 Points Tec Voc High School

16U Male

1st Place -Dylan Cook, 315 Points Tec Voc High School

16U Female

1st Place -Haley Hudson, 280 Points Dauphin River School

13U Male

1st Place -Trayden Sinclair, 250 Points Gypsumville School

13U Female

1st Place -Kayce Sumner, 400 Points Gypsumville School

10U Male

1st Place -Halen Brown, 205 Points Ecole Victoria Albert School

10U Female

1st Place -Savannah Huntinghawk, 270 Points Ecole Victoria Albert School

8U Male

1st Place -Evan James, 210 Points Gypsumville School

8U Female

1st Place -Justice Throassie-Sumner, 240 Points Ecole Victoria Albert School

6U Male

1st Place -Channing Borsa-Gould, 195 Points Gypsumville School

6U Female

1st Place -Brielle Delorme, 195 Points Berens River School

Manitoba Indigenous Games (MIG) Champions 2022



Long Distance Run

19U Male -4km
 1st Place -Ashton Thompson, 9.42.36 Dauphin River School

19U Female -4km
 1st Place -Violet Thompson, 10.21.37 Dauphin River School

16U Male -3km
 1st Place -Blaze Stagg-Dano, 6.52.26 Dauphin River School

16U Female -3km
 1st Place -Haley Hudson, 7.55.27 Dauphin River School

13U Male -2km
 1st Place -Jarrett Hudson, 6.58.19 Dauphin River School

13U Female -2km
 1st Place -Isabella Campbell, 6.29.13 Dauphin River School

10U Male -1km
 1st Place -Eli Flock, 4.10 Oak Bank Elementary

10U Female -1km
 1st Place -Mayra Luft, 4.40 Oak Bank Elementary

8U Male
 1st Place -Kashtin Kuzmik, 47 Points ÉCAL (École Communautaire Aurèle-Lemoine)

One Foot High Kick

19U Male
 1st Place -Justice Thompson, 81 inches Tec Voc High School

19U Female
 1st Place -Celena Laquette, 52 Inches Children of the Earth School

16U Male
 1st Place -Kenyon Boudreau, 82 inches St. Laurent School

16U Female
 1st Place -Kylie Combot, 64 Inches* St. Laurent School

13U Male
 1st Place -Beau Chartrand, 79 Inches St. Laurent School

13U Female
 1st Place -Deserae Hudson, 72 Inches Dauphin River School

10U Male
 1st Place -Hendrix Whiteway, 48 Inches Waterford Springs School

10U Female
 1st Place -Mikaela Conaty, 58Inches Kelsey Community School

Screaming Eagle

19U Male
 1st Place -Ashton Thompson, 1579 Meters Dauphin River School

16U Male
 1st Place -Cyserro Stagg, 2165 Meters Dauphin River School

16U Female
 1st Place -Haley Hudson, 2311 Meters Dauphin River School

13U Male
 1st Place -Jesse Thompson, 1878 Meters Dauphin River School

13U Female
 1st Place -Isabella Campbell, 1943 Meters Dauphin River School

10U Male
 1st Place -Gale Hudson, 1358 Meters Dauphin River School

10U Female
 1st Place -Skyleigh Sumner, 1789 Meters Dauphin River School

8U Male
 1st Place -Jordan Thompson, 1243 Meters Dauphin River School

8U Female
 1st Place -Baylee Parisian, 336 Meters École Springfield HeightsSchool

6U Male
 1st Place -Finley Wilcott-Gueret, 233 Meters École Springfield Heights School

6U Female
 1st Place -Jersey King, 1134 Meters Dauphin River School

Strong Person Carry

19U Male
 1st Place -Owen Hunnie-Menow, 7.56 Seconds Helen Betty Osborne Ininiw Education Resource Center

19U Female
 1st Place -Kayla Muchikekwanape, 10.97 Seconds Helen Betty Osborne Ininiw Education Resource Center

16U Male
 1st Place -Hubert Clarke, 7.72 Seconds Helen Betty Osborne Ininiw Education Resource Center

16U Female
 1st Place -Tannis Evans, 9.91 Seconds Helen Betty Osborne Ininiw Education Resource Center

13U Male
 1st Place -James Bighetty, 8.78 Seconds West Lynn Heights

13U Female
 1st Place -Kammi Cockerill, 9.94 Seconds West Lynn Heights

To view the complete list of placings, please visit www.masrc.com/mig.

We Want to Visit Your Community!

MASRC wants to connect and build relationships with community volunteers, recreation workers, and local organizations across the province.

Our Sport for Social Development staff can help your community:



Learn traditional games!

Run different types of youth sports camps and skills sessions!

Create sports & recreation programs!

Connect with sports organizations across the province!

Interested in either program? Please contact Season by phone at (204) 942-6615, or by email at season.kirkwood@masrc.com.

MASRC FAMILY FUN DAYS

Travelling recreation station - we bring the fun to you!

Activities include:

- 3D Archery (foam tip arrows)
- Badminton
- 10 pin bowling
- Mini golf
- Traditional Indigenous Games
- Spike ball
- 3 and under area

... AND MORE!



Great for community events, treaty days, or powwows!



Cycle Indigena

Urban Indigenous Free Bike Program



APPLICATIONS CLOSED! MASRC distributed over 200 bikes to successful applicants over the past two months!

WEEKEND INTRAMURALS

AT CENTRAL COMMUNITY CENTRE



Family drop-in! All are welcome.
Variety of sports equipment available.

Saturdays 12-8

Sundays 12-3

Contact Jordan by phone at (204) 942-6615 or by email at jordan.lavallee@masrc.com for more information!



3X3 Division Champions



14U Team Fab 5



16U Drake Academy



19+ Dream Team



14U Air Ballarz



16U Team Flex



18U Team Eastman



19+ Team So Icy



31+ Team Longshot



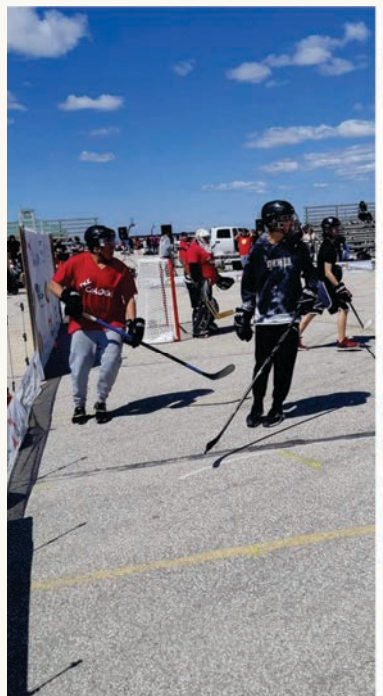
Pro-Am 3 Ball WPG





HOOP IT UP X MANITO AHBEE 2022

Photography credit to Carey Lauder.



3X3 BALL HOCKEY @ MANITO AHBEE 2022

We want to see how you're active! Send us your story by email to info@masrc.com!



Contact Information

Manitoba Aboriginal Sports & Recreation Council Inc. (MASRC)
145-105 Pacific Ave
Winnipeg, MB
R3B 2Z6

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